



ASSESSING BURNOUT AMONGST CONTEMPORARY UROLOGY TRAINEES: A MULTI-INSTITUTIONAL ANALYSIS

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- Burnout
 - High prevalence, particularly amongst urologists
 - Negatively impacts providers and patients
 - Understudied in urologic trainees
- Examined trainees from 5 high-volume centers
 - Stanford PFI
 - Background
 - De-identified in-service scores



- Survey results
 - 65% burnout prevalence
 - 23% working greater than 80 hrs/week
 - 16% sleep 3-5 hours nightly
 - 32% suspect depression in residency
 - 6.4% described SI during residence
- IS scores and burnout: no association noted
- Work hours were associated with burnout

- Conclusion: Burnout alarmingly present
 - Steps must be taken to address this growing threat and re-assess in the peri-pandemic era