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Use of RestoreX Penile Traction Therapy for Treatment of Penile Length Loss in Diabetic Men

**Madeleine G Manka MD¹, Matthew Ziegelmann MD¹, Kevin Wymer MD¹, David Yang MD¹,
Landon Trost MD²**

¹Mayo Clinic, Rochester Minnesota

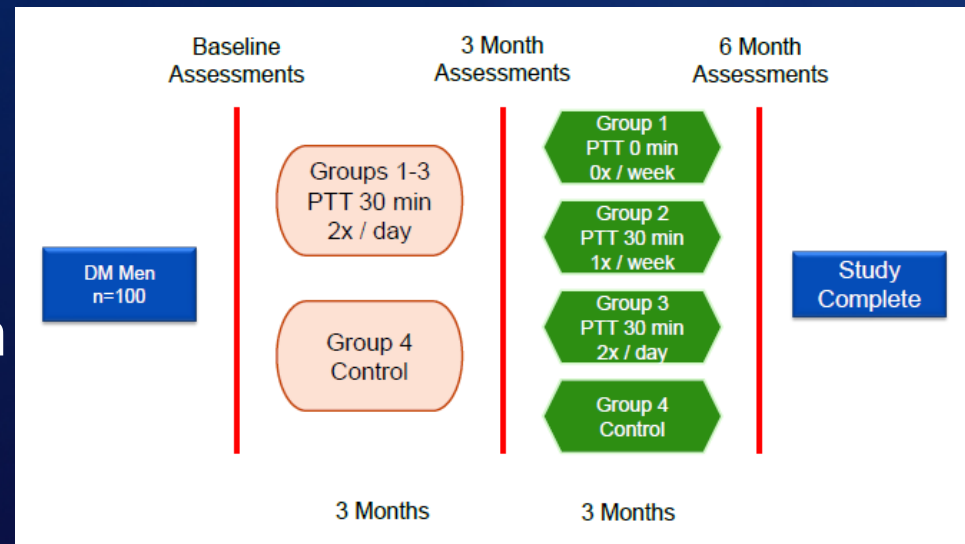
²Male Fertility and Peyronie's Clinic, Orem, Utah

Background and Objective

- Penile length loss is common among men with diabetes mellitus (DM)
- We aimed to evaluate the efficacy of a novel penile traction therapy (PTT), RestoreX, among men with DM

Methods

- Randomized control trial
- Objective measures: Stretched penile length & IIEF questionnaire
- Subjective measures: Non standardized satisfaction questionnaire, adverse events



Results

- 98 participants accrued, 74 with 3 month follow up
- No significant adverse events
- PTT significantly improves objective and subjective penile length
- PTT significantly improves overall sexual satisfaction
 - Δ IIEF-OS median (IQR): PTT 0(0;1.3) vs Control 0 (-1;0), $p=0.03$)
- 2/3 of patients indicated meaningful subjective improvement

