

NEoadjuvant Apalutamide (ARN-509) and Radical Prostatectomy in Treatment of Intermediate to High Risk Prostate Cancer (NEAR) Phase II Trial



Singapore
General Hospital
SingHealth

XY Yang¹, EJ Aslim¹, NT Ngo³, LY Khor³, TW Chong¹, JSP Yuen¹, KJ Tay¹, HSS Ho¹, LS Lee²

¹Department of Urology, Singapore General Hospital

²Department of Urology, Sengkang General Hospital

³Department of Anatomical Pathology, Singapore General Hospital



Sengkang
General Hospital
SingHealth

1 Background

- Prior approach to neoadjuvant androgen deprivation for prostate cancer (PCa) did not show benefits, but these older agents were limited by:
 - Incomplete suppression of serum testosterone
 - Partial agonist activity at androgen receptor (AR)
- Newer agents like apalutamide (ARN-509) exert near total antagonists activity at AR
- Apalutamide as neoadjuvant treatment before radical prostatectomy (RP) has not been studied

2 Objectives

- To report on the oncological and pathological outcomes and safety profile of 12 weeks of neoadjuvant Apalutamide therapy and RP

3 Materials & Methods

- Phase II single arm study.
Clinicaltrials.gov identifier:
NCT03124433

- Eligibility criteria:
 - ✓ Age 21-75 years old
 - ✓ Conventional adenocarcinoma on biopsy
 - ✓ Organ confined D'Amico intermediate to high risk Pca
 - ✓ Planned for RP as primary definitive therapy
 - ✓ No known hypersensitivity to drug
 - ✓ Able to swallow study drug as whole tablets
 - ✓ Adequate liver function

- Exclusion criteria:
 - ✗ Small cell, neuroendocrine or ductal differentiation on biopsy
 - ✗ Previous pelvic irradiation or ADT use
 - ✗ Patients on anti-epileptics or anti-psychotics
 - ✗ Renal impairment with serum creatinine twice upper limit of normal
 - ✗ Other malignancy within 5 years
 - ✗ ECOG performance status 2 or poorer

- Primary outcomes:
 - Serum total PSA response
 - Tumour response defined by residual cancer burden (RCB)

- Secondary outcomes:
 - Operative complications post RP
 - Adverse events (AE) by CTCAE grading

- Trial design

n= 30 enrolled and completed ARN-509 240mg daily for 12 weeks

n=5 did not receive radical therapy within the protocol

n=25
• RP performed in 4-6 weeks
• Follow up in 4 weeks after RP

4 Results

Patient demographics

Number of patients, n	25
Age median, years (range)	69 (55 – 75)
PSA baseline median, ng/mL (range)	11.6 (4.2 – 61.5)

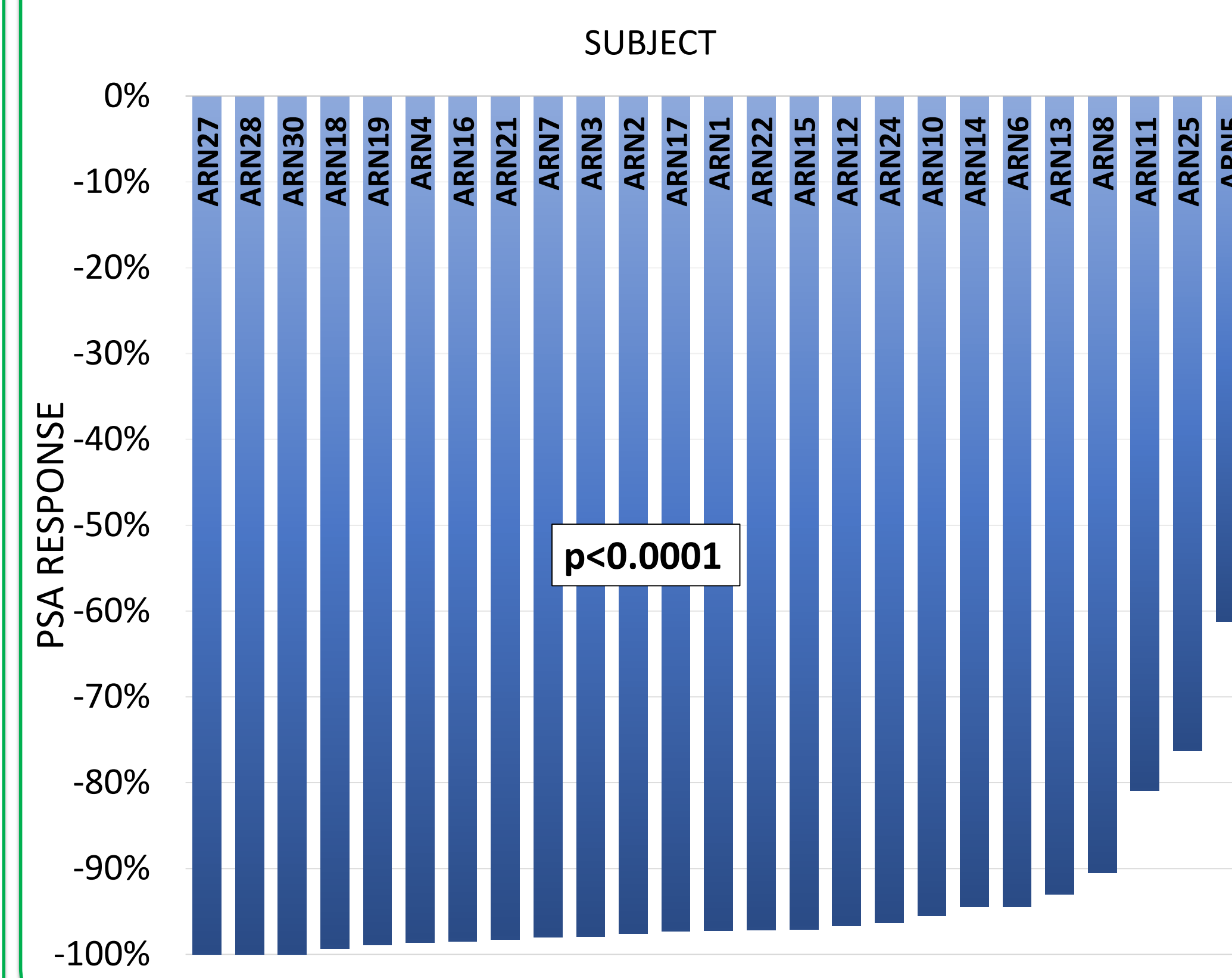
Histology ISUP Grade Group, n

Pre-operative (biopsy)		Post-operative (wholemout)	
1	1	1	0
2	13	2	15
3	8	3	7
4	1	4	1
5	2	5	2

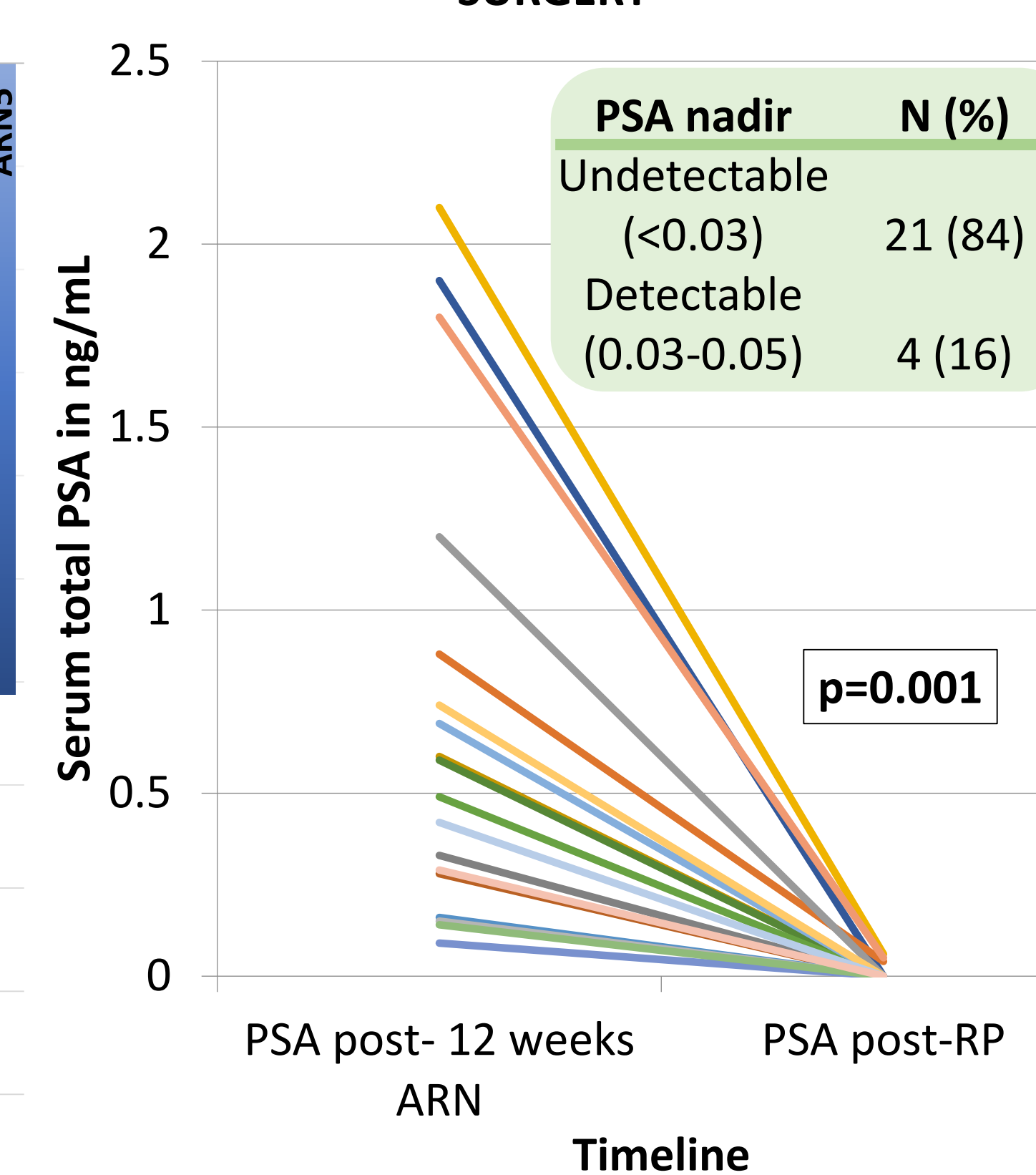
Clinical T-stage, n

Pre-operative		Post-operative	
2b	19	2b	13
3a	4	3a	10
3b	2	3b	2

PSA RESPONSE FOLLOWING 12 WEEKS APALUTAMIDE



PSA TREND WITH APALUTAMIDE AND SURGERY



Surgical outcomes

Estimated blood loss median, ml (range)	200 (50 – 400)
Length of stay median, days (range)	2 (1 – 6)
Catheter time median, days (range)	8 (3 – 14)
Positive surgical margin (PSM), n (%)	3 (12)

PSM locations:

- Right apex & right seminal vesicle
- Posterior right
- Posterior multiple foci
- each <1mm

Surgical complications within 30-days

Clavien – Dindo, n (%)		
I	3 (12)	3 fever, resolved without antibiotics
II	2 (8)	1 UTI, treated with IV antibiotics 1 left upper thigh paresthesia
III-V	0	No grade 3 & above complications

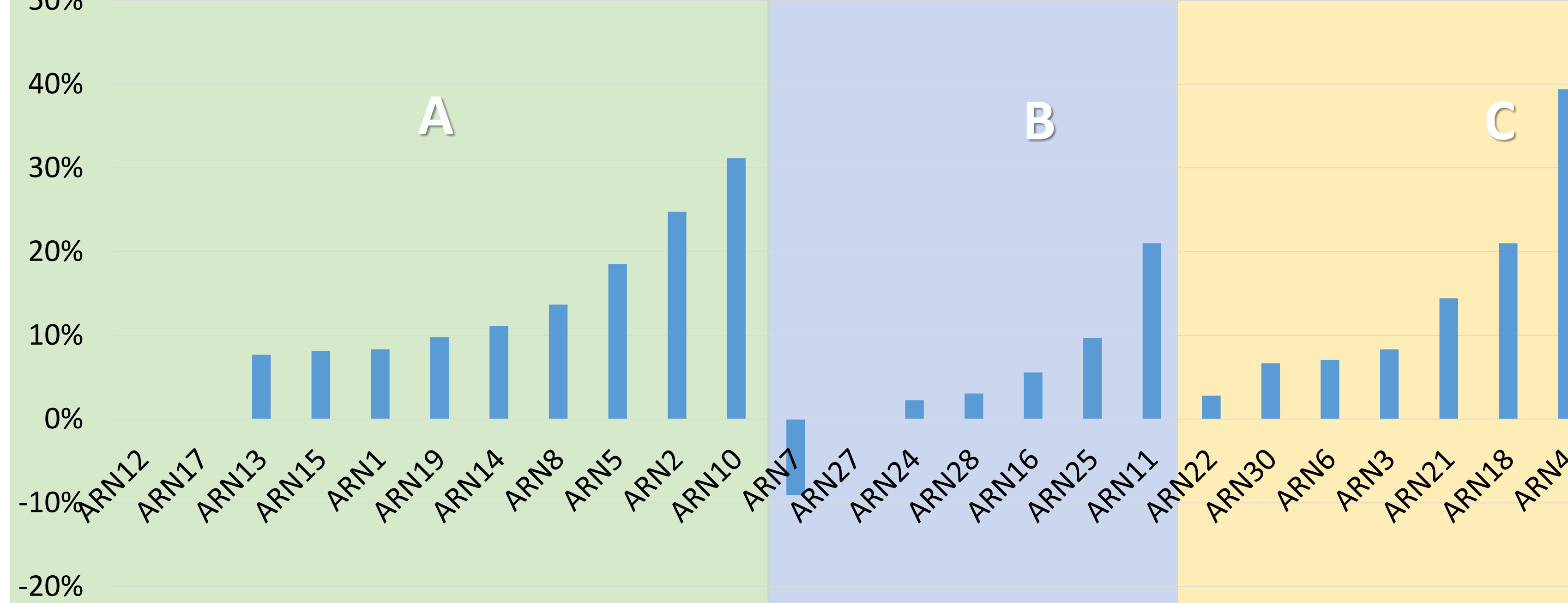
5 Discussion

- There was **good biochemical response** to 12 weeks of androgen deprivation by Apalutamide
- There was an **overall good oncological response**:
 - ❖ **Post-treatment response groups² A & B** in majority **72%**
 - reflects change in tumour **morphology**
 - ❖ **Majority positive RCBI response**:
 - RCB response represents an **estimate** of change in tumour viability post neoadjuvant treatment
 - Tumour proportion of needle biopsy core as **pre-treatment surrogate** tends to **underestimate** cancer burden, due to sampling of extralesional prostate tissue
 - However, using proportion of cancer *within* index lesion on wholemount as **post-treatment surrogate** tends to be **more accurate**
 - Overall RCBI response may be underestimated
 - Negative (ARN7) and non (ARN12, ARN17 & ARN 27) responders may represent measurement errors
- Good safety profile**:
 - ❖ AE related to Apalutamide were **tolerable and of low severity grade**
 - ❖ **No increased surgical morbidities** observed

References:

1. Symmans WF, Peintinger F, Hatzis C et al. Measurement of residual breast cancer burden to predict survival after neoadjuvant chemotherapy. J Clin Oncol. 2007 Oct 1;25(28):4414-22.
2. Efsthathiou E, Abrahams NA, Tibbs RF et al. Morphologic characterization of preoperatively treated prostate cancer: toward a post-therapy histologic classification. Eur Urol. 2010 Jun;57(6):1030-8.

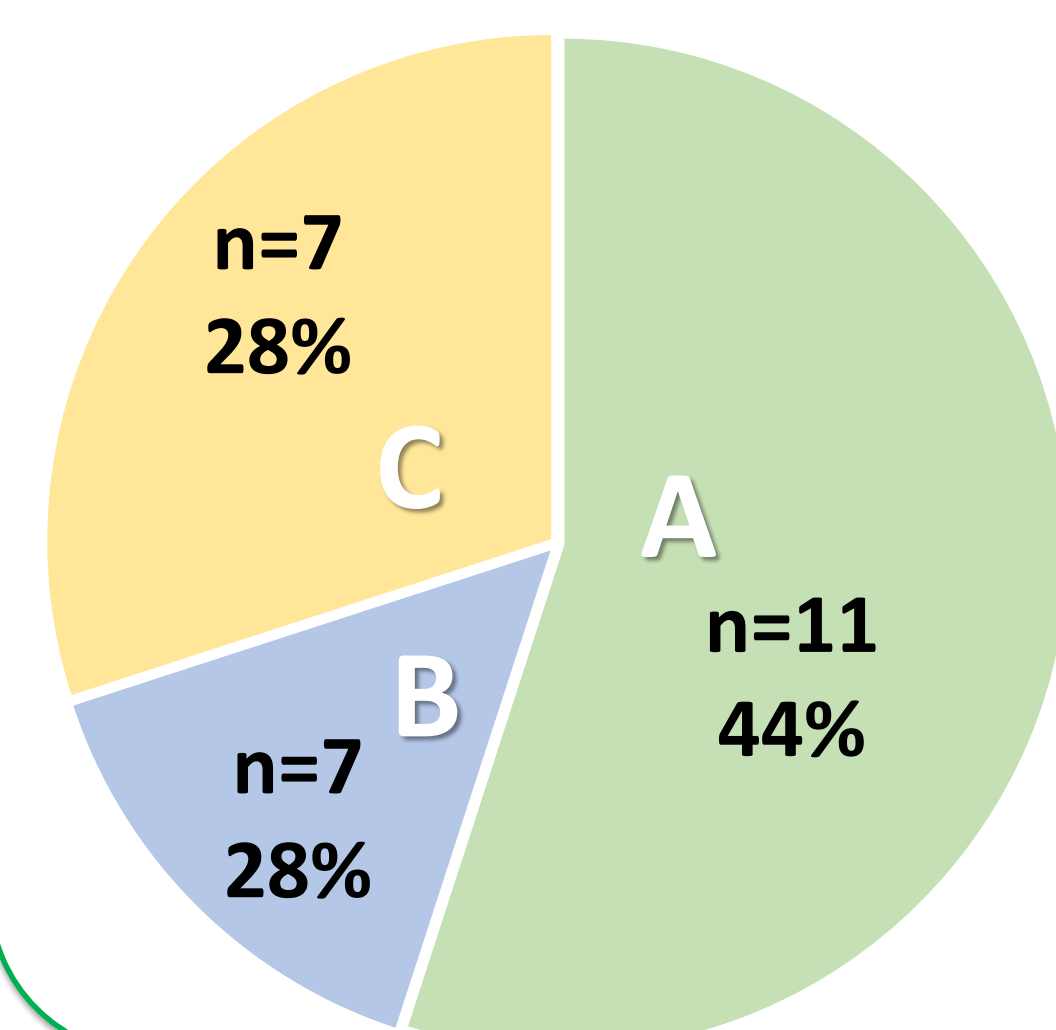
POST-TREATMENT RESIDUAL CANCER BURDEN INDEX¹ RESPONSE



Residual cancer burden index (RCBI)¹ calculated from linear measurements of tumour, with surrogates of cancer burden as:

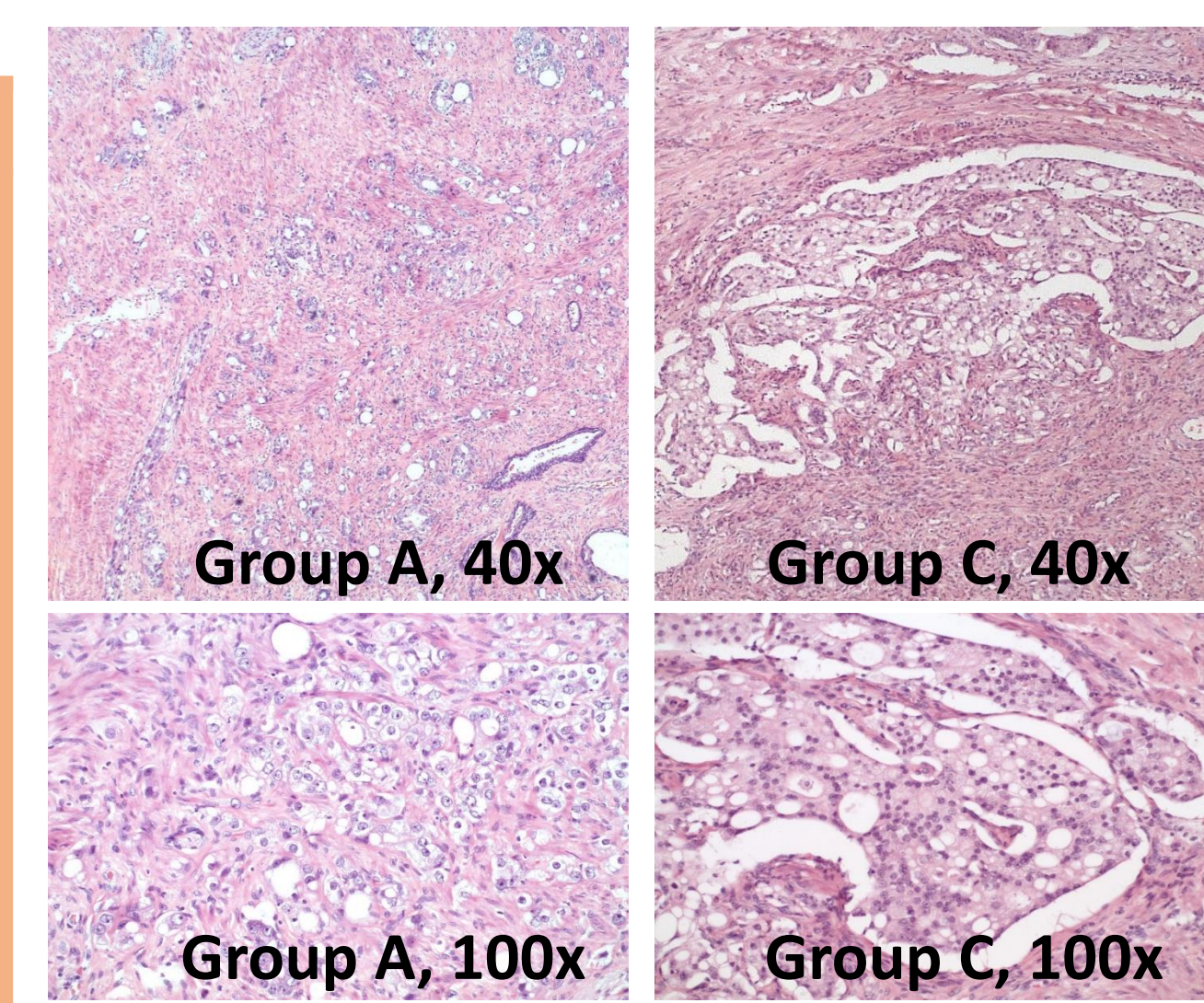
- **Pre-treatment**: maximum % of **biopsy core involved** by cancer
- **Post-treatment**: proportion % of cancer **within index lesion**

POST-TREATMENT RESPONSE GROUPING²



Post-treatment Response Grouping²

Group	Dominant Architectural Pattern	Cribriform Pattern or Intraductal Spread
A	Cell clusters/cords, isolated cells	Absent
B	Small glands, fused glands	Absent
C	Any	Present



Adverse Events

AE	N (%)	Causality
• Skin disorders	20 (80)	
- Dry skin	16 (64)	Probable
- Maculo-papular rash	12(48)	Possible
- Nipple area hyperalgesia	7 (28)	Definite
• General disorders	17 (68)	
- Fatigue	12 (48)	Definite
- Flu symptoms	7 (28)	Unlikely
• Psychiatric disorders	9 (36)	
- Decreased libido	5 (20)	Definite
- Insomnia	5 (20)	Definite
- Depression	1 (4)	Definite
• Nervous system disorders	7 (28)	
- Dizziness	3 (12)	Definite
- Memory impairment	1(4)	Definite