Predictive factors for recurrence after complete metastasectomy in patients with metastatic renal cell carcinoma in the targeted therapy era

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Objective: Complete metastasectomy is expected to improve the survival of patients with metastatic renal cell carcinoma (mRCC). However, many patients develop re-recurrence, despite achieving complete remission with surgery. We examined recurrence-free survival (RFS) and analyzed predictive factors for recurrence after complete metastasectomy.

Patient selection

- Patients who underwent metastasectomy and achieved complete remission after surgery for mRCC at a single institution between 2008 and 2018.
- Patients who underwent nephrectomy or partial nephrectomy for primary lesion and were diagnosed as having RCC. Exclusion
- Patients who received adjuvant systemic therapy after metastasectomy

Number of patients, n		51
Age, years, median (IQR)		65 (57-71)
Subtype, n	Clear cell	42 (82%)
	Papillary	8 (17%)
	Others	1 (2%)
Sarcomatoid feature, n		2 (4%)
Metastasis at the time of nephrectomy,	n	7 (14%)
Fuhrman grade, n	1	5 (10%)
	2	33 (65%)
	3	13 (25%)
	4	0
MSKCC risk, n	Favorable	22 (43%)
6	Intermediate	27 (53%)
	Poor	2 (4%)
Number of metastatic sites, n	1	45 (88%)
	≥ 2	6 (12%)

Nur	Number: 39 Patients (76%)									Univariate		Multiv	Multivariate	
Median recurrence time:18 months					the			Variables		HR (95%CI)	р	HR (95%CI)	р	
					uis			Age	< 65 years	Reference				
 Treatment after recurrence 17 cases(44%):metastasectomy 17 cases(44%):systemic therapy 									≥ 65 years	0.81 (0.42-1.57)	0.524			
								Sex	female	Reference				
						,			Male	1.48 (0.68-3.69)	0.3389			
•	5 ca	5 cases (13%):palliative or observation						Subtype	Clear cell	Reference				
									Non-clear cell	1.86 (0.74-4.08)	0.1717			
et eşçing will be te	1.0	10						Fuhrman grade	1	Reference				
		<u>ч</u>							2	0.81 (0.21-2.78)	0.7074			
		L L			S: 22 months				3	0.83 (0.26-3.11)	0.757			
	0.8		2 yr: 45% 5 yr: 25%					Sarcomatoid features	No	Reference		Reference		
		<u>۲</u>	5yi.∠	570	2 yr: 45% 5 yr: 25%				Yes	8.89 (1.35-34.7)	0.0275	11.5 (1.71-47.1)	0.0171	
	0.6		۵ yr. 20%					MSKCC risk	Favorable	Reference				
			Ľ						Intermediate	0.90 (0.46-1.78)	0.7605			
	0.4			~		·			Poor	1.72 (0.27-6.19)	0.5031			
				L				Time from initial therapy to metastasectomy	> 1year	Reference				
	0.2								≤ 1year	1.72 (0.69-3.76)	0.2223			
	0.2	14						ECOG PS	0					
									1	0.91 (0.14-3.02)	0.8977			
	0.0	0 12	24	3	36	48	60	Hb level	≥ Lower limit	Reference				
				Months					< Lower limit	1.64 (0.84-3.15)	0.1423			
		51 36	21	1	15	12	10	Metastatic organ	Lung only	reference				
									Others	1.34 (0.70-2.60)				
								Metastatic sites	1	Reference		Reference		
									≥ 2	3.84 (1.08-10.8)	0.0388	4.52 (1.26-13.1)	0.024	

Conclusion: The number of metastatic sites and sarcomatoid features were associated with recurrence after complete metastasectomy, which suggests that careful observation is required for such patients, even after achieving complete remission with metastasectomy.