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The utility of mixed reality model projection in ultrasound training for medical students

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Needs: More efficient ultrasound training method for the beginners.

Mixed reality (MR) -Observe and manipulate

3D objects in physical space

Ultrasound (US) training

Scan inner body from outside

Scan human body while looking at 3D inner organ models superimposed

Methods:

MR-assisted training

Renal ultrasound training wearing the HoloLens (Microsoft) and looking at the 3D organ model superimposed on to the subject's abdomen



Study design

| Group A | Group B |
|-----------------------|-----------------------|
| Conventional training | MR-assisted training |
| Questionnaire 1 | |
| MR-assisted training | Conventional training |
| Questionnaire 2 | |



Results:

Subjective assessments from Likert scale Qs (Group A: n=7, Group B: n=8)

MR-assisted training showed significant improvement in;

- acquisition of the organ positions
- self-efficacy to visualize the kidney
- ease in detecting kidney
- recommendation to other students

- renal hilum inspection
- self-efficacy to conduct renal US
- expected learning effect from the training (p<0.05 for all).

Conclusion:

MR-assisted training showed;

- improved self-assessment in
- 1. achievement level
- 2. satisfaction level
- 3. self-efficacy level

lowered difficulty in the training

May result in rapid ultrasound skill proficiency