Feasibility, Acceptability, And Preliminary Efficacy Of A Web-Based Intervention Promoting Sexual Recovery For Couples Coping with Prostate Cancer

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Methods and Results

- **Intervention:** Tailored, web-based tool providing pre-treatment preparation and post-treatment support for couples’ sexual recovery

  **Post-Intervention Study:** Structured telephone interviews of random sample of 12 couples from the intervention arm, re: accessibility and utility of the web-based tool

- **Analysis:** Interviews were recorded, transcribed, and qualitatively analyzed for common themes

RESULTS

- All participants were able to access and use the intervention
- Couples were comfortable with intervention content, esp. videos
- All participants appreciated receiving tailored educational content, and to select the level of detail appropriate for them, especially with respect to sexual aids
Results and Conclusion

- All participants found the intervention educational, and useful for improving their interpersonal communication
- No couples reported expanding their sexual activity repertoire beyond familiar foreplay and intercourse
- All participants recommended the intervention for other couples undergoing CaP treatment

CONCLUSION

- A web-based intervention is an accessible and acceptable tool for improving communication and promoting sexual recovery amongst CaP survivors and their partners
- The potential for customizing this intervention to address specific patient/partner needs is valuable