Use of RestoreX Penile Traction Therapy for Treatment of Penile Length Loss in Diabetic Men

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Background and Objective

- Penile length loss is common among men with diabetes mellitus (DM)
- We aimed to evaluate the efficacy of a novel penile traction therapy (PTT), RestoreX, among men with DM

Methods

- Randomized control trial
- Objective measures: Stretched penile length & IIEF questionnaire
- Subjective measures: Non-standardized satisfaction questionnaire, adverse events
Results

- 98 participants accrued, 74 with 3 month follow up
- No significant adverse events
- PTT significantly improves objective and subjective penile length
  - ΔIIEF-OS median (IQR): PTT 0(0;1.3) vs Control 0 (-1;0), p=0.03
- PTT significantly improves overall sexual satisfaction
  - 2/3 of patients indicated meaningful subjective improvement

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