CARDIOVASCULAR INNOVATIONS PIGITAL 2020

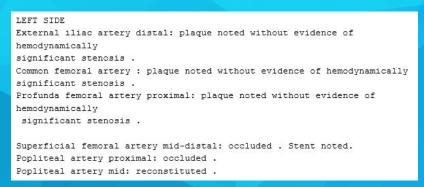
Multifocal Necrotizing Fasciitis in a Patient with Rutherford Class V Lower Extremity Ischemia: A Case of Last-Option Diabetic Limb Salvage

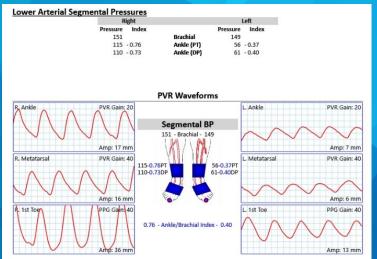
Craig Verdin, DPM PGY1
Cleveland Clinic/SHO Combined Podiatric Residency
Program



History of Present Illness (HPI)

A 61-year-old female presented to the emergency department with severe pain to the left lower extremity. The pain was originally suspected to be related to a known occluded superficial femoral artery (see arterial duplex) stent that she was scheduled to have revised 2 weeks prior but was postponed due to findings of acute liver injury after a liver biopsy raised concerns about Wilson's disease.









Past Medical History (PMH)



PMH: T1DM, HTN, CKD3, hypothyroid



PSH: Tibial fracture repair (2 years prior), metatarsal head 4 and 5 resection left foot 2/2 osteomyelitis



Meds: Lyrica, insulin, protonix,

metoprolol, levothyroxine



Allergies: Morphine

Soc: Denies all









Physical Exam (Left lower extremity focused)

<u>Vasc</u>: Dorsalis pedis/posterior tibial

artery nonpalpable

Neuro: Grossly intact

MSK: Motor intact DF/PF/In/Ev,

Derm: (A) Plantar 1st toe 1.0 x 0.5

cm wound, (++) induration of LE

skin, (+) Stemmer sign, (+)

erythema w/ swelling







Hematology & Biochemistry

CBC: WBC 15.88, HgB 8.5

<u>Chem7</u>: BG elevated 469 mg/dL, anion gap 22 meg/L, Sodium 143

mmol/L, Cr 1.7 mg/dL

<u>**HbA1c</u>**: 9.9% (5 weeks prior)</u>

LRINEC Score: 12

CRP 22.8 mg/dl (+4)

WBC 15.88 k/uL (+1)

HgB 8.5 g/dL (+2)

Na 134 mmol/L (+2)

Cr 1.7 mg/dL (+2)

Glucose 469 mg/dL (+1)

Variable, Units	β	Score
C-Reactive Protein, mg/L		
<150	0	0
≥150	3.5	0
Total white cell count, per mm3		
<15	0	0
15-25	0 0.5	0 1 2
>25	2.1	2
Hemoglobin, g/dL		
>13.5	0	0
11-13.5	0.6	0 1 2
<11	1.8	2
Sodium, mmol/L	200	00
≥135	0	0
<135	1.8	0 2
Creatinine, µmol/L		
≤141	0	0
>141	1.8	0 2
Glucose, mmol/L		
≤10	0	0
>10	1.2	1





Imaging

XR Foot (A): (+) Soft tissue emphysema @ dorsum and plantar forefoot

XR Leg (B): (+) Small focal and punctuate gas (CT recommended)

CT Foot (C): (+) Soft tissue emphysema along course of extensor/flexor tendons

CT Leg (D): (+) Superficial calf compartment gas collection

Impression: LRINEC 12 + Linear gas distribution= LIMB/LIFE THREATENING MULTIFOCAL NECROTIZING FASCIITIS







Plan

Solution: Multidisciplinary Limb Salvage

- Podiatry: I&D w/
 exploration of all
 compartments (Days 1
 and 4)
- Vascular Surgery:

 Angiogram plus
 intervention (Day 2)
- Infectious Disease:
 Antibiotic management







Plan

Podiatry I&D #1 (Day 1):

IntraOperative Findings:

- Foot: (+)
 necrosis/purulence of
 dorsal soft tissue, (+)
 tissue separation via
 finger sweep test
- Leg: (+) 30 ccs of "dishwater" fluid superficial to deep fascia w/ compartmental tissue separation but no deeper infection

LEFT LEG 1

10/26/2019 11:06 AM - Micro, Muar Oru In

Component Results

Component

Smear Result (Abnormal) (Final)

Man

Gram negative bacilli

Smear Result (Final)

Moderate

Polymorphonuclear leukocytes

Smear Result (Final)

Few

Mononuclear cells

Smear Result (Final)

Many

Red Blood Cells

Culture (Abnormal) (Final)

Moderate

Citrobacter freundii complex

Culture (Final)

Refer to specimen collected on 10/21/2019 AT 2240 (M6211311)

Culture (Abnormal) (Final)

Rar

Coagulase negative Staphylococcus species

No further workup

LEFT FOOT

10/26/2019 11:06 AM - Micro, Muar Oru In

Component Results

Component

Smear Result (Abnormal) (Final)

Few

Gram negative bacilli

Smear Result (Final)

No Polymorphonuclear Leukocytes

Smear Result (Final)

(NOTE)

Positive result called to and read back by:

10/22/19 0647

Culture (Abnormal) (Final)

Moderate

Citrobacter freundii complex

Culture (Final)

Refer to specimen collected on 10/21/2019 AT 2240 (M6211311)

Culture (Final)

Rare

skin flora



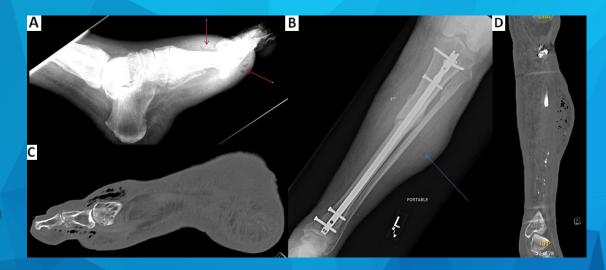


Plan

<u>Vascular Surgery (Day 2 or 16 hours after I&D):</u>

IntraOperative Findings:

- In-stent stenosis @ distal superficial femoral artery and proximal popliteal artery
- Treatment: Balloon angioplasty/stenting of left SFA and above knee popliteal artery via 6x40 Innova, 6x150 Innova, 6x120 Innova, and Vascade closure of the right Common femoral artery







Day 3

<36 hours after I&D and <12 hours after revasc:</p>

- OVN page from nursing team for cold left hallux w/ loss of previously appreciated cap refill
- Plan: Allow hallux to demarcate







Podiatry I&D #2 (Day 4 or 18 hours after revasc):

IntraOperative Findings:

- Hallux gangrene
- **Treatment: Repeat** debridement of nonviable soft tissue with 1st ray amputation and application of negative pressure wound therapy



LEFT~Foot~POST WASH

10/28/2019 1:06 PM - Micro, Muar Oru In

Component Results

Component

Specimen Request (Final)

Specimen collected in surgery. Swab

Smear Result (Final)

No organisms seen

Smear Result (Final)

No Polymorphonuclear Leukocytes

Smear Result (Final)

Rare

Mononuclear cells

Culture (Abnormal) (Final)

One colony.

Citrobacter freundii complex

Culture (Final)

Refer to specimen collected on 10/21/2019 AT 2240 (M6211311)

For wound culture, tissue or aspirates a must be used, eSwab is preferred (Lawson

LEFT LEG POST WASH

10/28/2019 1:06 PM - Micro, Muar Oru In

Component Results

Specimen Request (Final)

Specimen collected in surgery.

Smear Result (Final)

No organisms seen

Smear Result (Final)

Polymorphonuclear leukocytes

Smear Result (Final)

Mononuclear cells

Culture (Abnormal) (Final)

Citrobacter freundii complex

Refer to specimen collected on 10/21/2019 AT 2240 (M6211311)

Culture (Abnormal) (Final)

Coagulase negative Staphylococcus species No further workup

Culture (Final)

For wound culture, tissue or aspirates are must be used, eSwab is preferred (Lawson n





Interval Event During Course of Admission

Day 7:

- ABX: Solo piperacillin/tazobactam
- NPWT: VeraFlo q72 hours

Day 14-19:

- ABX: Ceftriaxone (Cipro on d/c)
- NPWT: VeraFlo q72 hours
- Podiatry: Bedside debridement PRN
- Discharge: Day 19







Interval Event Post Admission

s/p 2 months:

- ABX: Completed oral Ciprofloxacin (6 weeks, post d/c)
- NPWT: VeraFlo q72 hours
- Podiatry: In office debridement PRN
- Daily hyperbaric oxygen therapy (HBOT)

s/p 6 months:

- Podiatry: In office debridement PRN
- Daily hyperbaric oxygen therapy (HBOT







Key Takeaways

- Prompt recognition and quick response is limb/life saving
- Multidisciplinary effort improves outcomes in limb salvage





