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**Introduction**

- Stress urinary incontinence (SUI) is the most common type of urinary incontinence in women. Urethral hypermobility (UH) and intrinsic sphincter deficiency (ISD) are two main causative factors of SUI.
- ISD has been reported to be more prominent, however, due to the lack of an effective ISD treatment, UH mid-urethral sling surgery to correct UH is the gold standard treatment.

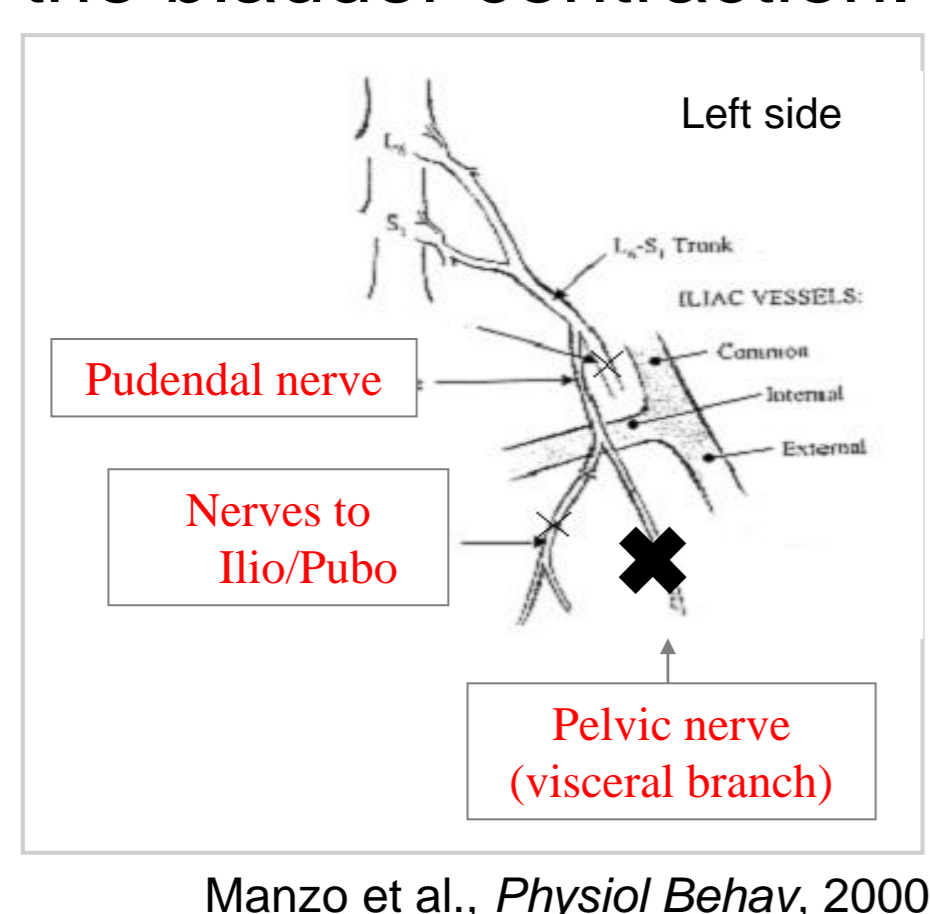
- We have previously reported that tramadol, which acts as a  $\mu$ -opioid receptor agonist while it also inhibits norepinephrine and serotonin reuptake, enhanced the urethral continence reflex by activating the peripheral sympathetic pathway and  $\mu$ -opioid receptors in the spinal cord in rats (Ashikari, NeuroUrol Urodyn 2018).
- Nevertheless, the precise role of  $\mu$ -opioid receptors from the spinal cord and their implication in the urethral continence reflex using a selective  $\mu$ -opioid receptor agonist have not been examined yet.

**Aims**

We investigated the intravenous or intrathecal effect of a selective  $\mu$ -opioid receptor agonist, [D-Ala<sup>2</sup>, NMe-Phe<sup>4</sup>, Gly-ol<sup>5</sup>]-enkephalin (**DAMGO**) on the urethral continence reflex in rats.

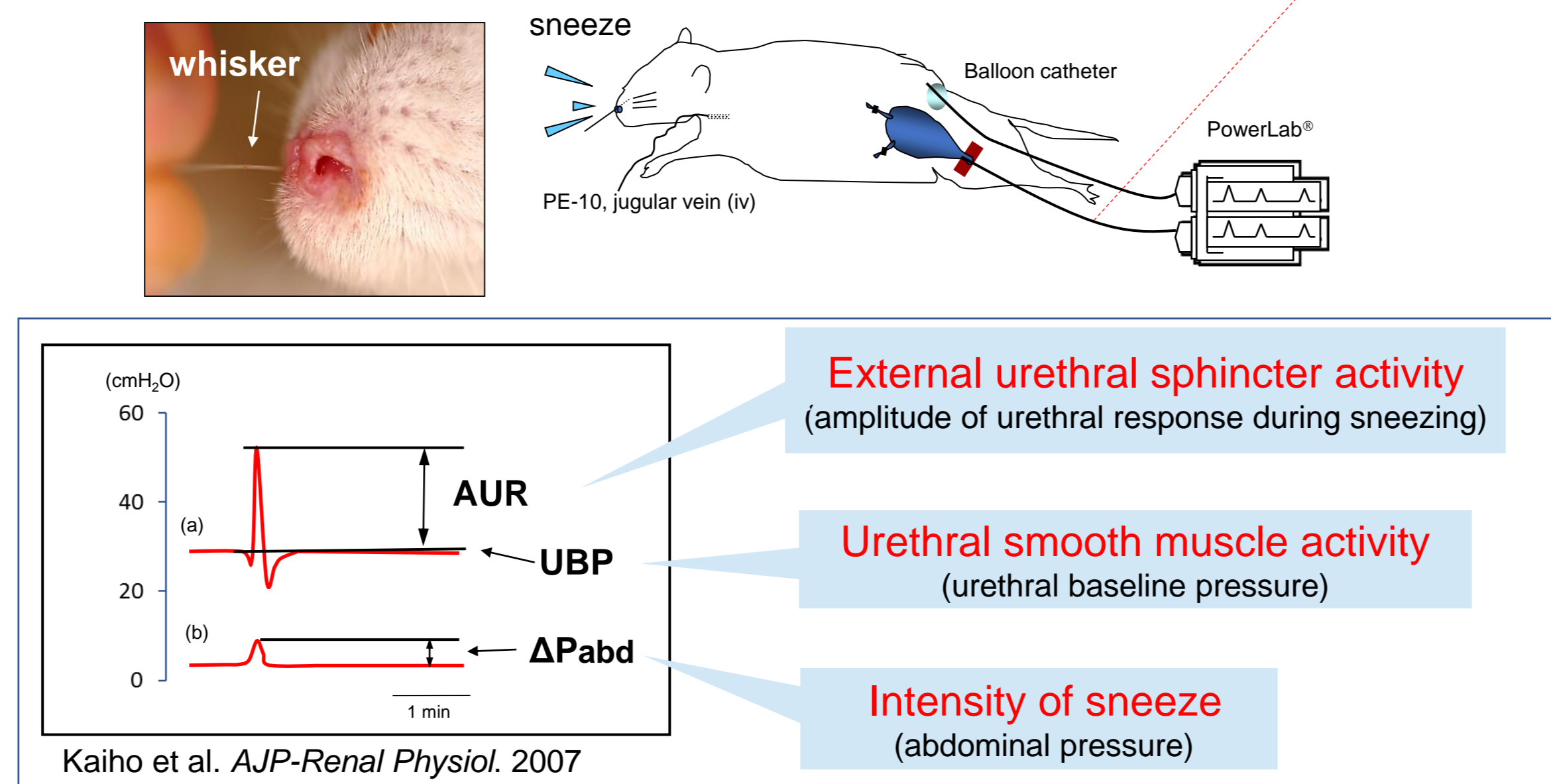
**Animals and Operation**

- Female Sprague Dawley rats (weight :180-300 g)
- The bilateral pelvic nerves were transected to block the bladder contraction.

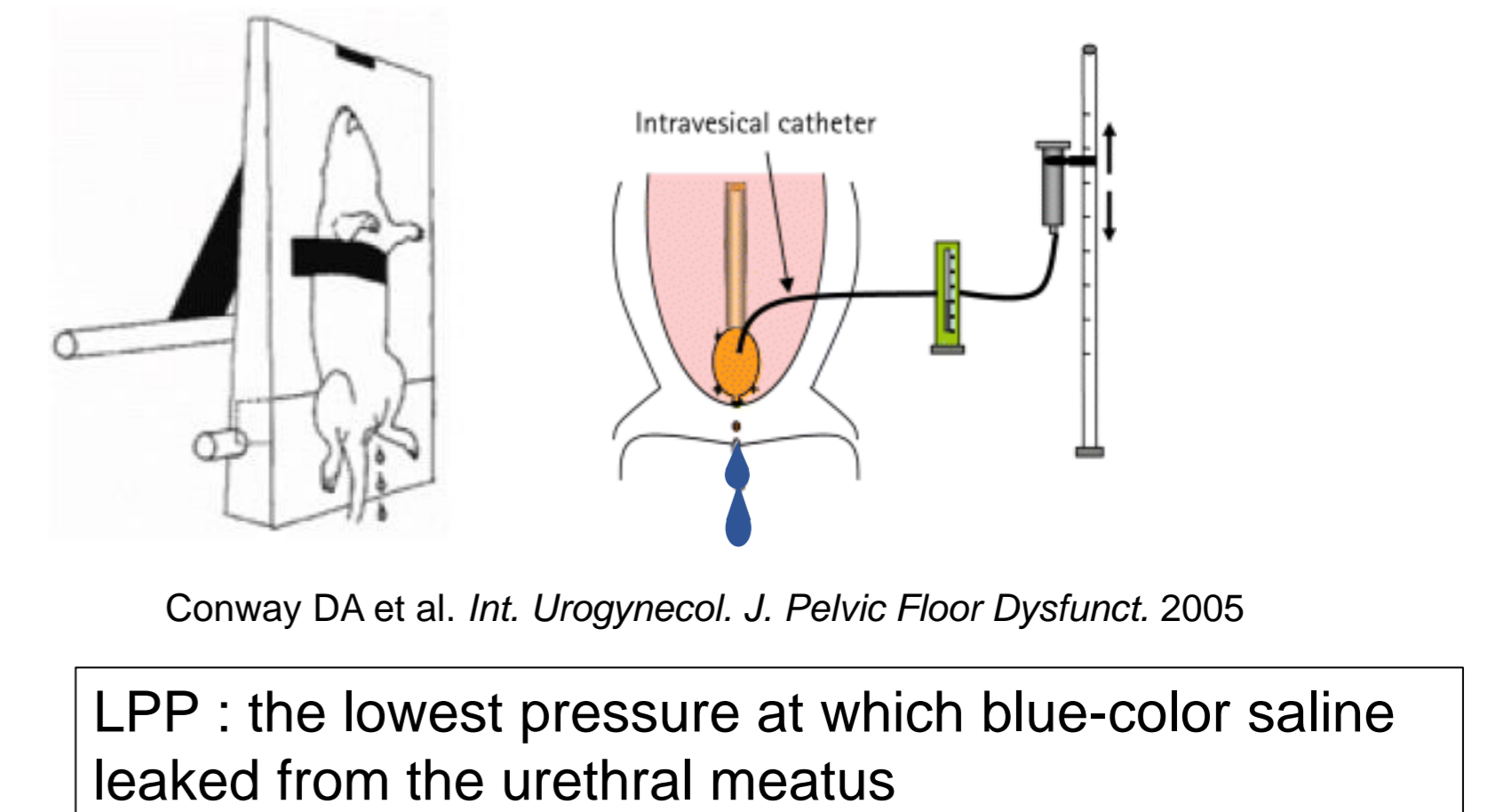


**Evaluation of SUI**

① **Microtip-catheter methods**  
(Experiment1,2)



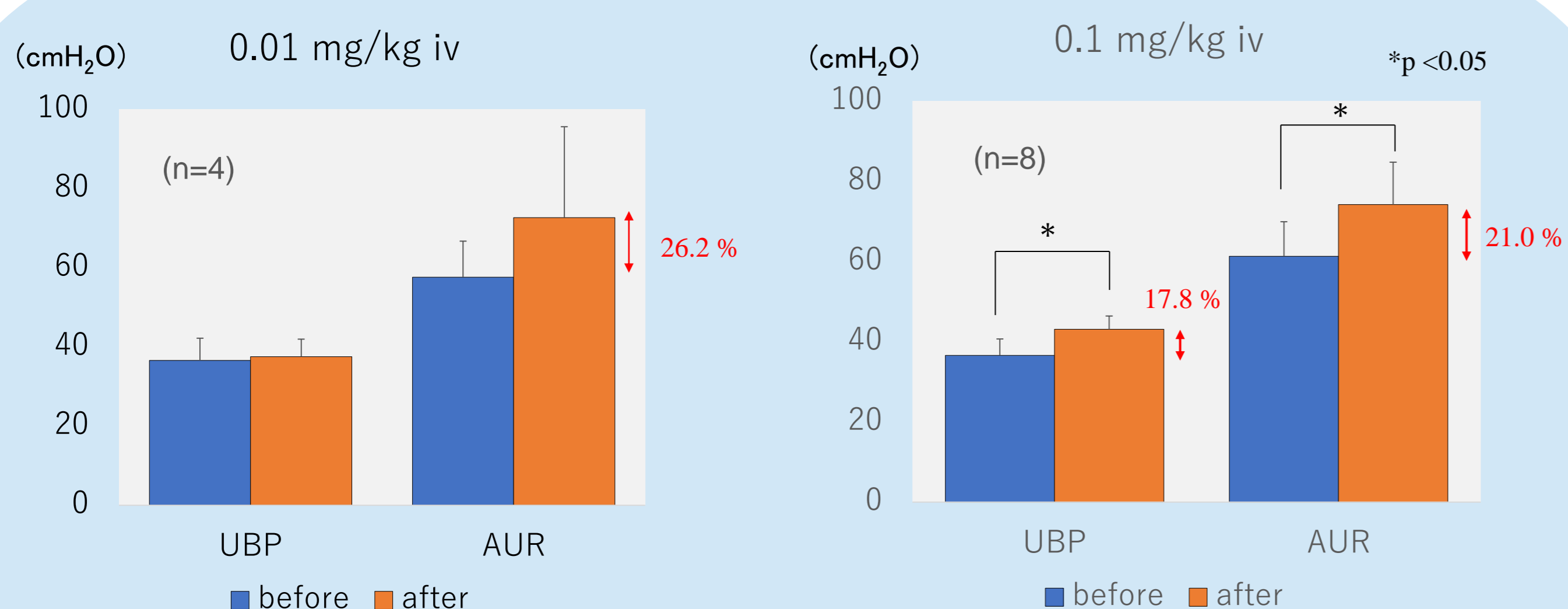
② **tilt-Leak Point Pressure (LPP) method**  
(Experiment3)



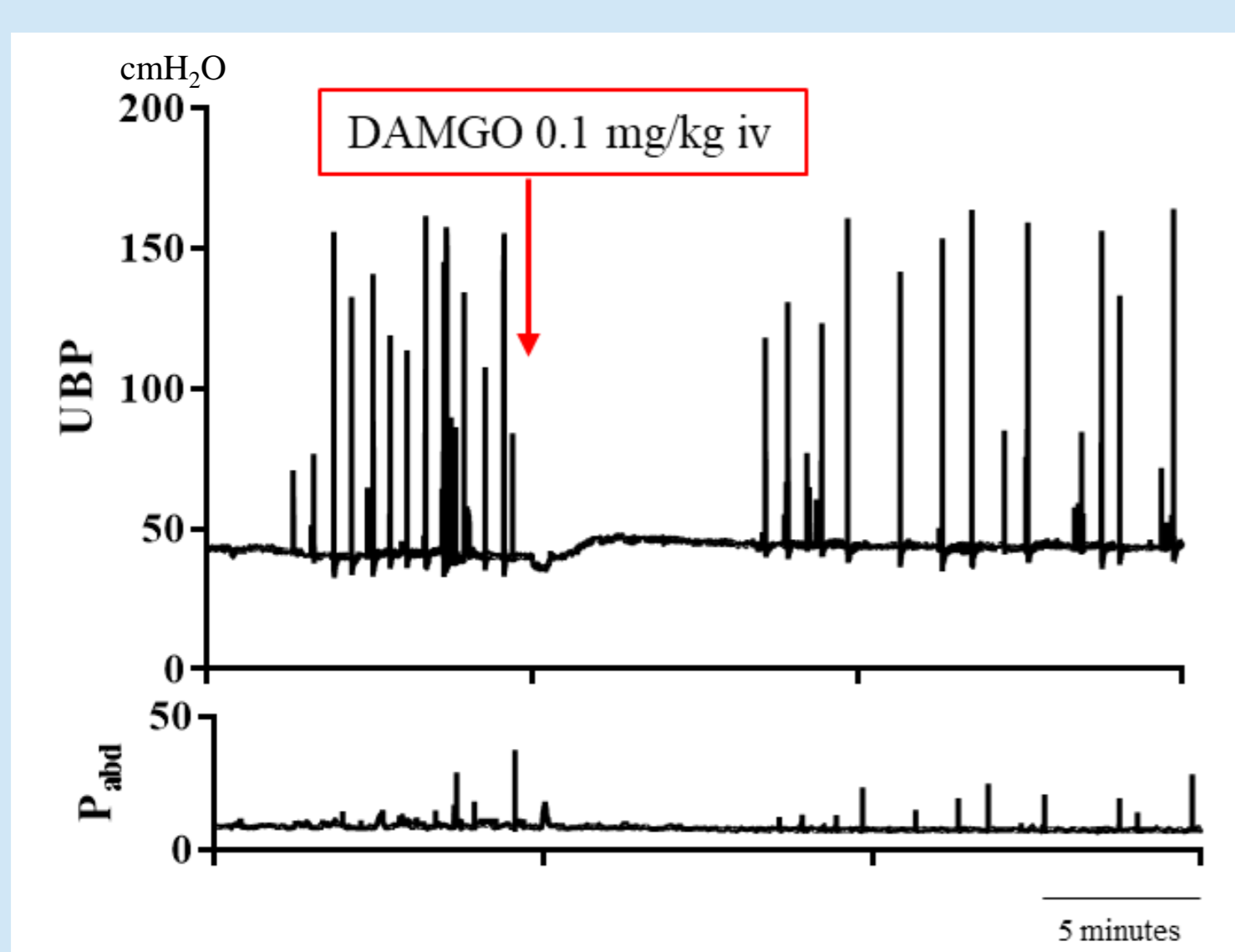
Experiments were conducted under urethane anesthesia.

**Methods and Result Experiment 1**

- To investigate the effect of DAMGO on mid-urethral responses during sneezing, **urethral baseline pressure (BP)** and **amplitude of urethral responses during sneezing (AUR)** were measured using a microtip transducer catheter.
- The catheter was inserted in the middle urethra **before and after an intravenous (iv) injection of DAMGO (0.01 and 0.1 mg/kg)**.

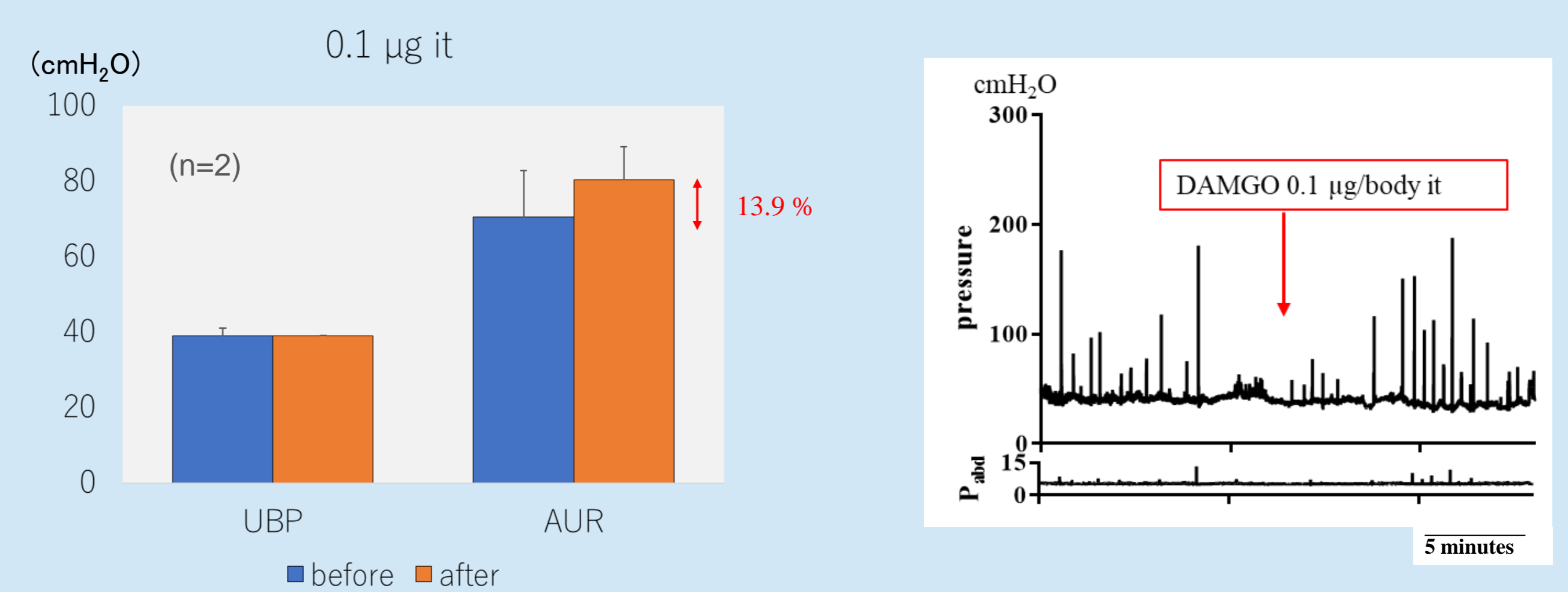


- DAMGO (0.01 mg/kg iv) did not enhance BP and AUR significantly.
- **DAMGO (0.1 mg/kg iv) increased BP** (36.6±4.1 and 43.1±3.3 cmH<sub>2</sub>O before and after iv, respectively, P < 0.05) **and AUR** (61.3±8.6 and 74.2±10.6 cmH<sub>2</sub>O before and after iv, respectively, P < 0.05).



**Methods and Result Experiment 2**

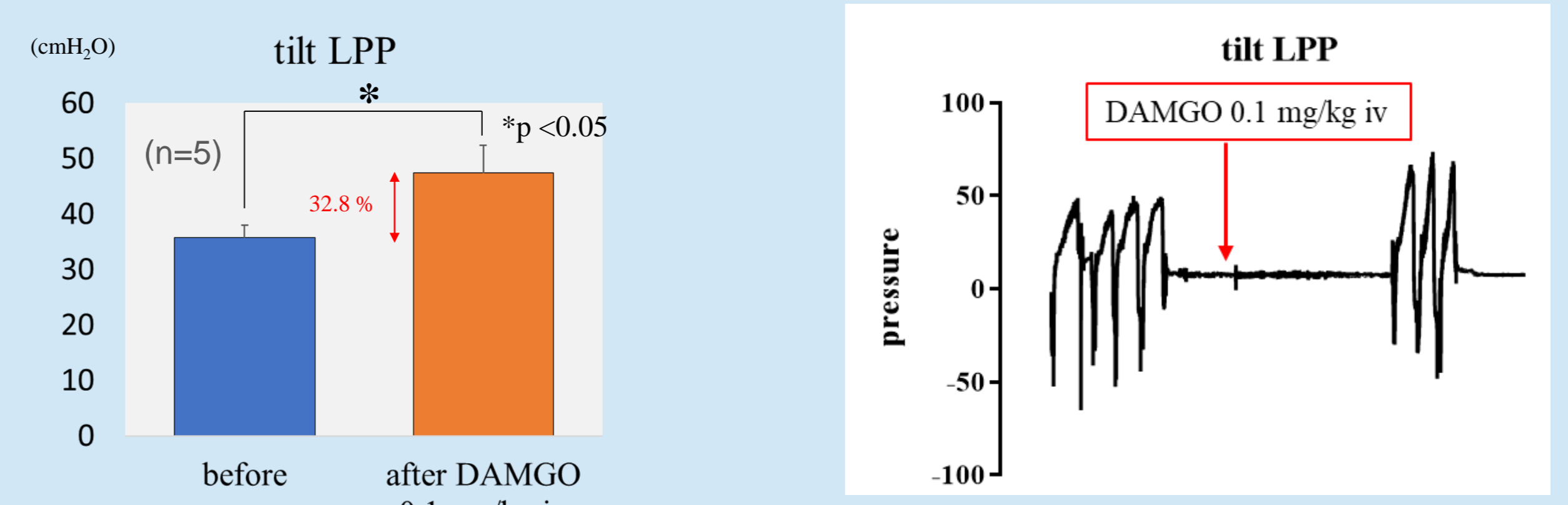
- BP and AUR were measured before and after **the intrathecal injection (it) of DAMGO (0.1  $\mu$ g/body)**.



- **DAMGO (0.1  $\mu$ g/body it) increased the AUR** by 13.9%, but not the BP.

**Methods and Result Experiment 3**

- Tilt LPP measurements were conducted to study **the effects of DAMGO on the whole urethra**.



- **DAMGO (0.1 mg/kg iv) significantly increased the tilt LPP** (35.7±2.3 and 47.4±4.9 cmH<sub>2</sub>O before and after iv, respectively, P < 0.05).

**Conclusion**

- These results indicate that DAMGO, a selective  $\mu$ -opioid agonist, can effectively enhance the active urethral continence reflex during sneezing at the spinal level (a microtip transducer catheter measurement).
- DAMGO-induced enhances of urethral continence reflex may be due to two pathways.
  1. EUS innervated by pudendal nerves through spinal  $\mu$ -opioid receptors.
  2. Urethral smooth muscle through central and peripheral sympathetic pathway.
- Therefore, selective  $\mu$ -opioid receptors activation in the spinal cord may represent a new SUI treatment target in human patients.

